

# Customer Application Note

## Determination of Triterpene Glycosides in *Cimicifuga racemosa* (Black Cohosh) by HPLC-CAD

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Mark Roman  
Tampa Bay Analytical Research, Inc., Largo, FL 33777

### Introduction

Extracts of black cohosh (*Cimicifuga racemosa*) have been used since the 1950s to relieve symptoms of menopause, including hot flashes, and a number of clinical trials have supported this use. In addition, research has found that black cohosh may improve neurovegetative symptoms and psychological complaints associated with hormonal deficiencies in women, and may offer an alternative to traditional hormone therapy. Although the mechanism of action of black cohosh is not yet well understood, it is believed that the triterpene glycosides present in black cohosh (including 27-deoxyactein, actein, cimicifemoside F, and others) are bioactive.

Quantitation of the triterpene glycosides is challenging because many do not possess a chromophore that absorbs above 200 nm. As a result, high-performance liquid chromatography-evaporative light scattering detection (HPLC-ELSD) has become the most accepted technique for the quantitation of the triterpene glycosides in black cohosh. This technique is used in the Institute for Nutraceutical Advancement (INA) Method 113.001.<sup>1</sup> However, ELSD suffers from poor sensitivity, highly non-linear calibration curves, and poor reproducibility.

The Thermo Scientific Dionex Corona™ CAD™ Charged Aerosol Detector offers improvement over ELSD in sensitivity, calibration linearity, and reproducibility. Here, the calibration curves and signal-to-noise ratios for ELSD and charged aerosol detection of the triterpene glycoside 27-deoxyactein are compared, and the separation and charged aerosol detection of triterpene glycosides in a black cohosh extract are shown.

### Equipment

A Thermo Scientific Dionex Summit\* HPLC system including:  
P680 pump  
ASI-100 autosampler  
TCC-100 column compartment  
Dionex Corona CAD detector  
Sedex 75 ELSD  
Fused-Core® C18 HPLC column, 4.6 × 150 mm, 2.7 µm particle size  
Sonication bath  
Wrist-action shaker  
Polytetrafluoroethylene (PTFE) syringe filters, 0.22 µm

*\*Company Note: The Dionex Summit system has been discontinued, so the company would recommend using a Thermo Scientific Dionex UltiMate™ 3000 system.*

### Standard

27-Deoxyactein - Analytical Laboratories

### Sample

Black cohosh powdered extract

### Solvents and Reagents

Methanol  
Water  
Formic acid  
Acetonitrile

*Note: All solvents/reagents must be of HPLC-grade quality*

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## Calibration Solutions Preparation

Weigh and transfer 5 mg ( $\pm 0.5$  mg) of 27-deoxyactein standard into a 50 mL volumetric flask. Dissolve the standard in methanol with sonication, and dilute to volume. Prepare serial dilutions from this stock standard solution in methanol as follows:

Calibration Solution	Volume of Stock Solution (mL)	Final Volume (mL)	Approx. Conc. of 27-Deoxyactein ( $\mu\text{g/mL}$ )
Stock #1	NA	NA	100
Stock #2	5	10	50
Stock #3	3	10	30
Stock #4	2	10	20
Stock #5	1	10	10

## Sample Solution Preparation

Weigh  $\sim 300$  mg of sample extract into a 50 mL volumetric flask. Add 40 mL of methanol and sonicate the flask for 15 min with occasional shaking. Sonication will naturally heat the sample, so allow to cool to room temperature. Fill the flask to volume with methanol and mix well. Filter a portion of the solution through a 0.2  $\mu\text{m}$  PTFE syringe filter into an HPLC autosampler vial.

## Chromatographic Conditions

Column: Fused-Core C18 HPLC, 4.6  $\times$  150 mm, 2.7  $\mu\text{m}$  particle size  
Mobile Phase: A: 0.1% Formic acid in water  
B: Acetonitrile  
Gradient: 30% B to 40% B in 12 min  
40% B to 60% B from 12–36 min  
Flow Rate: 1.0 mL/min  
Inj. Volume: 10  $\mu\text{L}$   
Column Temp.: 35  $^{\circ}\text{C}$   
Detection: Corona CAD or ELSD ( $\text{N}_2$  pressure 2.3 bar, temperature 50  $^{\circ}\text{C}$ , gain 7)

## Procedure

Inject each calibration solution, then follow with duplicate injections of the sample solution. Inject each calibration solution again after the sample solution injections.

## Results and Discussion

Using relative retention times supplied by INA Method 113.001, 11 triterpene glycosides in the black cohosh extract sample were quantified against the 27-deoxyactein calibration solutions. A logarithmic calibration curve was required for the ELSD detector, whereas a linear calibration curve showed an acceptable correlation coefficient for the Corona CAD detector. Figure 1 shows the calibration curve on the Corona CAD detector. Figure 2 shows the calibration curve on the ELSD detector. The Corona CAD calibration curve was more linear than the ELSD calibration curve. The ELSD also demonstrated much higher variance between the calculated curve and measured peak areas at the beginning and the end of the calibration curve.

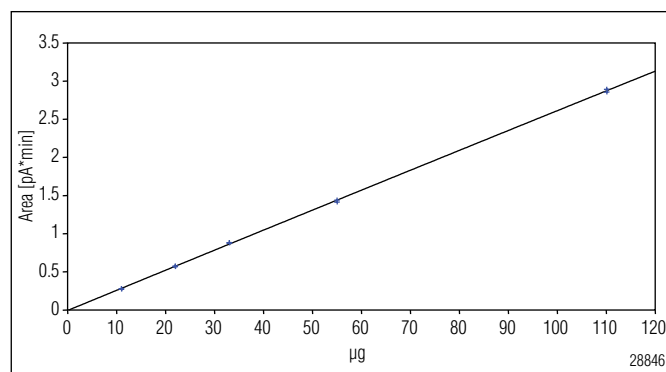


Figure 1. The 27-deoxyactein calibration curve using the Corona CAD detector.

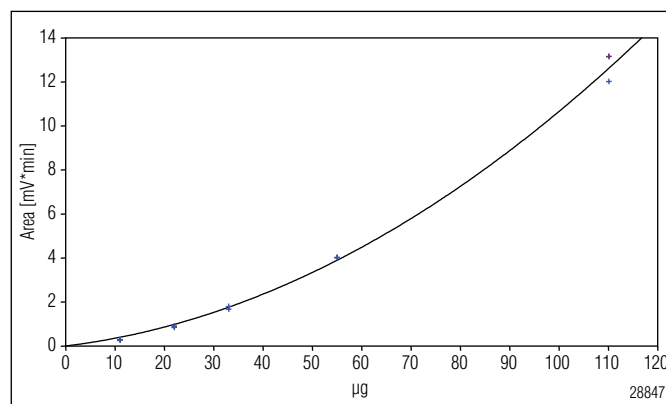


Figure 2. The 27-deoxyactein calibration curve using the ELSD detector.

Based on the signal-to-noise ratio, the Corona CAD detector yielded an improvement in sensitivity of approximately one order of magnitude, compared to the ELSD detector. Figure 3 shows overlay chromatograms of Calibration Solution #5 (~10 µg/mL 27-deoxyactein) obtained using both the Corona CAD and ELSD detectors.

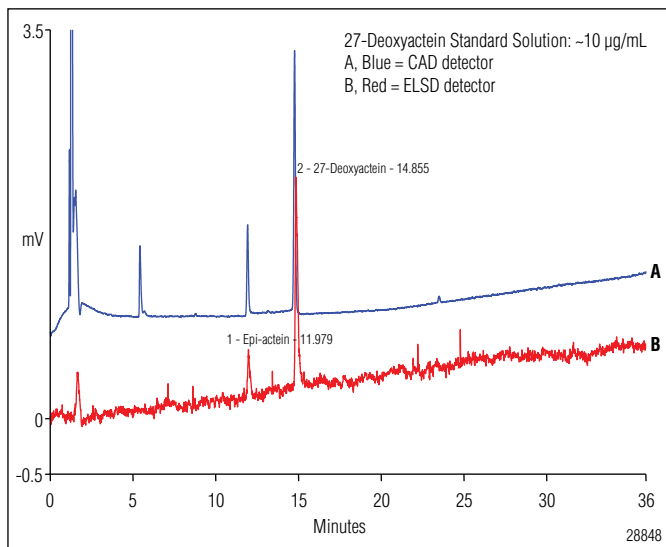


Figure 3. Overlay of chromatograms of Calibration Solution #5.

Figure 4 shows a chromatogram of the sample solution obtained using the Corona CAD detector. The total triterpene glycoside content was 3.27%.

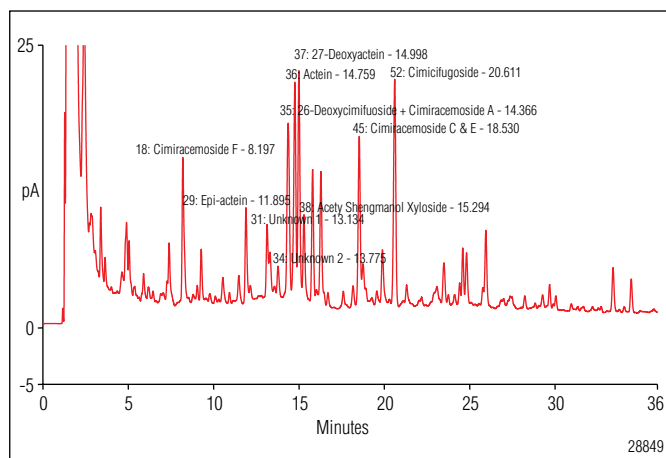


Figure 4. Black cohosh sample chromatogram using the Corona CAD detector.

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## Conclusion

Although evaporative light scattering detection has become the most accepted technique for the quantitation of the triterpene glycosides in black cohosh, the method suffers from poor sensitivity and highly nonlinear calibration curves. The Corona CAD detector calibration curve for 27-deoxyactein is more linear and provides a better fit to the data, and higher signal-to-noise ratios in the chromatograms indicate an order of magnitude improvement in detection levels.

*Company Note: Charged aerosol detection is mass-based, provides nearly constant response regardless of the molecular structure of the analyte, and can often provide semi-quantitative data without standards. This is superior to UV or ELSD detectors since the ELSD requires specific analyte optimization parameters and the UV detector requires consistent chromophore response. However, organic solvent gradients can cause response variation due to changes in nebulizer efficiency, so the Inverse Gradient solution is recommended for increased accuracy when a calibration curve for one compound is used for quantitation of related analytes.*

## Reference

1. NSF International, Black Cohosh Assay by ELSD INA Method 113.001. <http://www.nsf.org/business/ina/blackcohosh.asp?program=INA> (accessed Jun 22, 2011).

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