

# Determination of Coenzyme Q10 by High Pressure Liquid Chromatography



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Coenzyme Q10 (2,3 dimethoxy-5 methyl-6-decaprenyl benzoquinone) is a fat-soluble, vitamin-like quinone commonly known as ubiquinone, CoQ, or vitamin Q10. Coenzyme Q10 is used by cells to produce energy needed for cell growth and maintenance. Coenzyme Q10 is a compound that is made naturally in the body and is found in most body tissues. The highest amounts of CoQ10 are found in the heart, liver, kidneys, and pancreas while the lowest amounts are found in the lungs. The tissue levels of Coenzyme Q10 decrease as people age.

Coenzyme Q10 is a powerful antioxidant that acts as an electron shuttle between flavoproteins and cytochromes in the electron-transport chain. It is the only electron shuttle that is not covalently bonded or tightly bound to a protein. Coenzyme Q10 (Figure 1) is a naturally occurring antioxidant. As a dietary supplement, it is used to prevent or to treat congestive heart failure, to delay the onset of Parkinson's syndrome, and to prevent or to treat certain forms of cancer. Coenzyme Q10 is easily separated on the Acclaim® PA II column (Figure 2).

#### **Laboratory Supplies**

Analytical balance
Ultrasonication bath
Assorted and volumetric glassware
Syringes and syringe filters
HPLC/GC glass vials and caps

Now sold under the Thermo Scientific brand



### **Solvents and Reagents**

Ethanol (EtOH) Milli-Q® Water Tetrahydrofuran (THF) Acetonitrile (CH<sub>3</sub>CN) Ferric Chloride (FeCl<sub>3</sub>)

### **Solution Preparation**

Diluent and Mobile Phase — 55:40:5 (v/v) CH<sub>3</sub>CN:THF:Water To prepare the solution, 550 mL of CH<sub>3</sub>CN and 400 mL of THF were added to a 1 L volumetric flask, diluted to volume with Milli-Q water, and mixed well.

0.1% (w/v) FeCl<sub>3</sub> in EtOH Solution 100 mg of FeCl<sub>3</sub> and 50 mL of EtOH were added to a 100 mL volumetric flask and sonicated for 30 min. After equilibration, the solution was diluted to volume with EtOH and mixed well.

### **Standard Preparation**

Stock Standard Solution

The stock standard was prepared by weighing 12.24 mg of Coenzyme Q10 into a 10 mL volumetric flask. Then, 5 mL of diluent and 1 mL of 0.1%  ${\rm FeCl_3}$  were added and sonicated for 25 min. The solution was then allowed to re-equilibrate to ambient temperature, brought to volume with diluent, and mixed well.



#### **Instrument Parameters**

Instrument: Dionex HPLC System

Detection: UV-vis Mobile Phase: Isocratic

Column: Dionex Acclaim Polar Advantage PA II

 $150 \times 3.0$  mm, 3  $\mu$ m particle

Temperature:  $25 \,^{\circ}\text{C}$  Inj. Volume:  $20 \,\mu\text{L}$  UV Detection:  $275 \,\text{nm}$ 

## **Samples**

CoQ10 stock standard (Chromadex)

Lot #: 03703-50630 CDXA #: CDXA-136.7.8

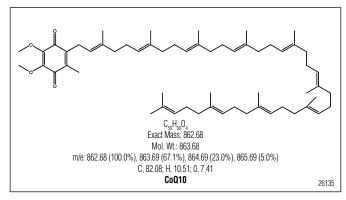


Figure 1 Structure of CoQ10.

#### **Related Documents**

- 1. ChromaDex Analytics Laboratory Notebook 73, pages 114-115.
- 2. ChromaDex Analytics Laboratory Notebook 136, page 128.
- 3. ChromaDex SOP "Routine Laboratory Calculations."

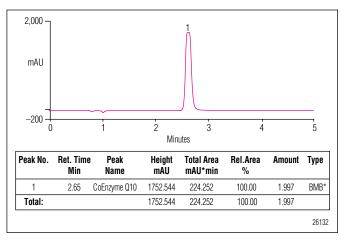


Figure 2. CoQ10 stock standard.

This is a customer submitted application brief published as is.

No ISO data available for included figures.

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